

BODYWISE



ABOUT

BAILEY ATKINSON

Sport has been a part of Bailey's everyday life for many years, from playing for Wellington's football team from a very young age to building all the way up to making his debut for adult's football from the age of 16. Bailey's love for sport motivated him to study football coaching at Bridgwater College for 2 years where he achieved his Level 2 and 3 coaching qualifications alongside becoming a Level 2 Fitness Instructor. All while playing for Bridgwater College's first football team – Bailey will try to get football in everywhere he goes!

Bailey has been part of the Bodywise team for a year and has enjoyed meeting and getting to know all of the members, working closely with them and helping them to achieve their goals. Now combining with RT Fitness, Bailey and Robin will work together to continue and further build upon this, creating the best environment for everyone's fitness needs.

Alongside meeting member's needs on a physical level, Bailey also places importance on everyone's mental health and well-being. Getting out and coming to the gym is a great start to not only putting your physical health first, but also focusing on your mental health and well-being too. Whether you visit Bodywise RT for a high intensity workout, a catch up and chat with members or our team, or a relaxing swim, you will be leaving our facilities feeling refreshed. Bailey strives to make Bodywise RT a safe environment for anyone to talk and open up, therefore if anyone would like to have a catch up and a chat with Bailey or Robin, they will always find the time to do so.

Bailey is looking forward to building on the positive changes recently made to Bodywise RT to make it the place to visit. If anyone would like to contact Bailey, please don't hesitate to drop him an email at reception@clevehotel.com or find Bailey around for a chat.

